



# Parenting with Love and Limits®

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## CURFEW

Jeffrey will be considered late if he is one minute past **9:00 pm** according to his parents' watch. He must be physically inside the house & must check in with his parents upon return home. If he needs assistance with a ride home, he must ask his parents by 7:00 pm.

### **REWARDS:** (Healthy Undercurrents of Consistency and Nurture)

Rewards will be given each night at 9pm.

Daily Reward = 1 hour computer time to be used the evening the reward is given.

#### Bonus Rewards:

- 6 straight days = pizza with Louis, David, & Melvin
- 14 straight days = 2 movie tickets; call from Uncle John
- 30 straight days = cell phone with \_\_\_\_ pre-paid minutes

### **CONSEQUENCES:** (Healthy Undercurrents of Consistency and No Empty Threats)

1<sup>st</sup> Offense = No daily or bonus rewards + no video games for 24 hours

2<sup>nd</sup> Offense = No daily or bonus rewards + no video games for 72 hours+ police called

3<sup>rd</sup> Offense = No daily or bonus rewards + police called + game system & games sold (items of comparable value can also be used)

*The first day of each month, Jeffrey starts over at 1<sup>st</sup> offense.*

### **FAMILY ROLE:** (Healthy Undercurrents of Role Clarity, Consistency, and Supportive Communication)

- Marie & Yves will work as a team & will help each be consistent with Jeffrey.
- Consequences will be administered with short & to the point language.
- If Jeffrey escalates, parents will exit & wait.
- Family will participate in game night or outing together once a week.

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